

WELCOME

DR. PILLAI'S OPENING MESSAGE

Welcome to the **Millionaire Yoga Program**. I love this term. It came to me in a miraculous way, perhaps to start the Golden Age. I know that life will be very different in the Golden Age.

Now what is **Millionaire Yoga**? I'm going to give you some main points. It's **body, mind, and brain training**. It's simply not only mind training, but it is also body training and also brain training. We know that the brain thinks, but the body also thinks and the genes also think.

Every gene has its own brain so we have to go at the genetic level and make some changes and that's how we're going to achieve our goals. It [Millionaire Yoga] is body training, it's mind training, and it's also a brain tune up.

Some of you may have a question and perhaps everyone asks this question. Why do I have to become a millionaire? It's a very interesting question.

Why do you have to become a millionaire?

There is something that really bothers you about the term **millionaire**. Although deep inside everyone wants to be a **millionaire**. I'm going to give you some ideas you have never thought about, which are very essential so that you can change your subconscious and your unconscious about money.

Here are the points for you to consider:

Money makes you honest. It seems to be a very out-of-the-world idea. How can money make anyone honest? I'll give you an example. When you have money you can go to your boss and tell him or her, what you really think about him or her. You can't do that now because you need your paycheck. What do you do? You bite your tongue and then come back saying, "yes boss." If you don't want that money [the paycheck] from your boss, you can really be upfront and honest. **So money is honesty. It gives you authenticity.**

It's true that money is not everything, but it certainly gives you time, time to do what you want to do, and also time to focus on God. I am particularly interested in helping people who are spiritual. Their complaint is, ***"I don't have time to do my meditation or to go to India or to go anywhere I want to go and practice meditation. I have to go to work."*** When you have money you can do whatever you want. That's why I often say that money makes you authentic. You become authentic. You become honest.

It's important to put this idea in your mind because of religious and traditional conditionings we have developed a negative attitude towards money.

You have to **get used to the idea of loving money**, not judging it. The moment you judge money, it will not be there. This is true of anything. If you judge health, health will not be there. If you judge relationships, relationships will not be there. The same is true with money.

You have to get rid of all these judgments, which is part of the program. The program will train you to have positive attitudes towards money. In that respect, I want to tell you another main point that you need to meditate on. There is a difference between a millionaire's brain and a poor man's brain.

This concept makes me really happy and proud of my own reflection on this subject because it gives you some precision. The precision is in the millionaire's brain, not the mind, because the mind is a vague term but brain is more specific.

The millionaire's brain is different from a poor man's brain.

In other words, the neurology of a millionaire is different from the neurology of a normal person. All that you have to do is understand what parts of the brain are involved in order to become a millionaire. This is a very, very important concept. I have worked on it for a long time to come to this level of position.

Now I'll briefly mention certain parts of the brain that need to be developed, for instance, the **midbrain**. The **midbrain is the psychic brain**. It can conceive of things, which you cannot otherwise conceive of with the rest of the brain. **If you develop this midbrain**, which will be a large part of what you'll be learning in this course, then **you'll have the ability to manifest whatever you want to manifest**.

The problem for most people, if not for everyone, is the inability to conceive of a million dollars. If I ask you to conceive of five thousand dollars or ten thousand dollars you can do it. Even with a hundred thousand dollars, perhaps with some difficulty, but you can conceive of it. When I say a million dollars there is a real problem in believing it. *"How in the world am I going to make that kind of money?"*

So we have to really empower the brain in order to conceive of a million dollars.

Once you have done that, you don't have to do anything else. That's the beauty of it. It's a matter of brain training, so that the brain enables you to conceive of a million dollars.

What we need to do is to identify specific parts of the brain and then stimulate those areas. Then we will be able to do something concrete instead of just going after behavioral techniques or affirmations. Not that I am putting down behavioral techniques or affirmations. They are essential and I often use them, but I want something very tangible, more powerful, so that it works like a pill. For instance, you have a headache and you take aspirin and then you feel better. If you can identify the part of the brain that will allow you to conceive a million dollars then you activate that part. That's what the program is going to teach you.

Another main point that I want to share with you in the program is that **desire is everything.**

It's a very important thing because most people think that desire is the root cause of suffering. This is from the Buddhist tradition. The Buddha was into renunciation, but remember that even renunciation served as a desire for the Buddha. The Buddha's desire was renunciation. When he desired renunciation he manifested it.

The same is true if you desire to become a millionaire, you will be a millionaire.

Desire is creative.

People are unable to accomplish their goals or desires because they do not know how to desire. If you know how to desire at least 60% of the problem is over. You have to train your mind. **You have to train your brain to desire** and once you have done that, nothing else is needed.

I used to tell people that you don't need money to start a business. **You only need the desire.** I know a lot of people and I have also seen a lot of people who have all the money in the world, but no desire to start anything. The money is sitting in the bank and nowadays the banks don't give interest.

Between money and desire, what is the prerequisite? **The most important prerequisite to start a business is the desire to start a business.** It's not simply desire. It is the passion. There are parts of the brain associated with passion that can be stimulated. That's what we'll be learning in this program.

How is the program unique? It's a boot camp.

It is not just tossing out ideas that you have read somewhere or learned in some other seminars. The program is unique in the sense that it's a boot camp.

The ideas that I'm going to plant in your mind will grow roots. It will be a body, mind, and brain changing exercise. **That's how we are going to succeed in this program.**

I'm very happy that I'm doing this program, **because in the Golden Age everyone should live a life of abundance. To me that is Heaven on Earth.**

Welcome to the program. I'm confident that we will together succeed.